



KPR's PARENT CONFERENCE

Everyday Resiliency: Strong Kids and Well Families

Virtual Session

Saturday, November 23, 2024 • 9:15 - 11:15 a.m.
Register online at kprschoools.ca



Keynote by

Dr. Robyne Hanley-Dafoe

Raising resilient children is not a destination; it's a journey, a journey of learning how to best equip your child and your family to meet life's inevitable challenges. When children are resilient, they are braver, more curious, more adaptable, and able to extend their reach into the world. This keynote offers families practical tools and strategies to help children face challenges with confidence, optimism, and adaptability—equipping them with skills to be well.

Key Ideas and Takeaways:

- Understand resiliency as a lifelong journey for families
- Discover what helps and hinders resilient practices in children
- Learn to activate the five pillars of everyday resiliency in family life



Scan here to register!

Supported by KPR's Parent Involvement Committee