

Peterborough

Kinark Child and Family Services

380 Armour Rd., Suite 275, Peterborough

Phone: 705-742-3803

Toll Free: 1-800-386-6561

Central Intake: 1-888-454-6275

Fax: 705-743-4144

Website: www.kinark.on.ca

Hours: Mon-Thurs 9 am-8 pm

* Fri 8:30 am-4:30 pm

Provider of services and supports for children and youth with complex needs and their families. Services are provided in the areas of Child and Youth Mental Health, Autism and Forensic Mental Health/Youth Justice.

Chimo Youth & Family Services

107 Lindsay St. S, Lindsay

Phone: 705-324-3300

Crisis Line: 705-324-3300 ext. 500

Toll Free: 1-877-661-2973

Fax: 705-324-3304

Website: <http://chimoyouth.ca/>

Chimo Youth & Family Services is an accredited Children's mental health agency funded by the Ministry of Children and Youth Services, A voluntary program that provides a variety of services to meet the needs of children, youth and their families in the community.

Services include: clinical services, crisis services, day treatment, group, family skills building and support program, residential mental health, respite support, TAPP-C, and walk in/brief services.

Peterborough Youth Services

459 Reid St., Peterborough

Phone: 705-743-1681

Toll Free: 1-888-475-3420

Fax: 705-743-7994

Website: www.pysonline.ca

Hours: Mon-Wed 9 am-7 pm

Thurs & Fri 9 am-5 pm

*during July & August open

Mon-Fri 9 am-5 pm*

Provides counselling and support to young people aged 10-18 and their families.

A range of services are available, including individual, family, group and outreach/crisis counselling and Youth Justice Programs

Peterborough Regional Health Centre

1 Hospital Drive, Peterborough

Family and Youth Clinic & Eating

Disorders: 705-876-5114

Adult Outpatient Program: 705-876-5028

Lynx Early Psychosis Intervention

Program: 705-8763-5071

Psychosis Assessment and Treatment

Clinic: 705-876-5071

Website: www.prhc.on.ca/cms/regional-mental-health

A range of Mental Health Services (MHS) are offered by Peterborough Regional Health Centre and supported by the Central East Local Health Integration Network (CE LHIN). MHS provides regional leadership and expertise in conjunction with community partners in the assessment, stabilization and treatment of individuals and their families with serious mental health and addiction concerns.

Peterborough

Peterborough Regional Health Centre

1 Hospital Drive, Peterborough

Phone: 705-743-2121 ext. 3702

Fax: 705-876-5053

Website: www.prhc.on.ca

Crisis consultation available in the Emergency Department 24/7.

Family and Youth Clinic: An outpatient program that offers treatment to children and adolescents 0-18 years of age who have significant mental health difficulties, and their families.

For families who live in Peterborough County with children under the age of 19. Also for families from Haliburton, City of Kawartha Lakes, and Northumberland County whose children require specialized services that are not available in their communities.

**Canadian Mental Health Association
Four Counties Crisis**

Phone: 705-745-5519 or

705-748-6711 ext. 3009

Website: <https://cmhahkpr.ca/>

A voluntary community crisis response service. Staff will assist callers age 16 and up in dealing with their immediate crisis no matter what it is. Available to people who live in Peterborough City & County, City of Kawartha Lakes, Haliburton, or Northumberland. Offers initial support through local and toll free phone lines.

Services include: Telephone and/or mobile crisis intervention, short-term case management, short-term crisis/safe beds, helpful information, emotional support, referrals to other appropriate resources.

Staff also specialize in serving people who have an intellectual disability or concurrent disorder. Staff have access to a Behavioural Consultant and Addiction Counselor.

Fourcast

130 Hunter St. W. #200, Peterborough

Phone: 705-876-1292

Toll Free: 1-800-461-1909

Website: www.fourcast.ca

Offers help for people who struggle with alcohol, drug or gambling abuse and related issues. Assists with choosing a treatment path, individual and group counselling, and works in collaboration with community service partners in Peterborough, Northumberland County and City of Kawartha Lakes-Haliburton to support people who are homeless or may become homeless.